

ANNUAL SCHOOL REPORT (2022-2023)

*“You don’t have to be great to start,
But you have to start to be great.”*

-Zig Ziglar

Introduction

Saraswati International School, established in the year 2004 located in the heart of Valsad city, is affiliated to the Central Board of Secondary Education. We believe in a 'CAN DO' philosophy which is transmitted from the foundation of SIS i.e. Shree Saraswati Education Trust. We take the best educational practices and learning systems across the world and adapt them to suit your children and equip them for their future.

In SIS, we ensure that your child is equipped to deal with new challenges of this boundless world.

Courses and Duration Offered

Saraswati International School offers courses from Nursery (Saraswati Kindergarten-SKG) to Std. 12-AISSCE (All India Senior School Certificate Examination) for Science and Commerce streams.

SKG: The courses included in SKG are from Nursery to Senior KG. The subjects offered are English, Mathematics, EVS, Hindi language. The program focuses on various individual and group activities in a positive environment through various programs such as music, dance, art and craft, singing and reciting rhymes, phonics.

Timings: Monday to Friday - 9:00 am to 12:30 pm.

Std.I- Std.VIII: Following NCERT based curriculum at Primary level along with combining best international practices to enhance academic potential of students.

The subjects offered are English, Hindi, Gujarati, Mathematics, Science, Social Science, ICT, P.E. A wide range of curricular and co-curricular activities via Fine Arts, Music, Dance, Yoga, health education are also included to help children become confident learners.

C.B.S.E recommended pattern of evaluation and assessment methodology is followed and students are assessed based on their entire year's performance.

Timings: Monday to Friday - 7:50 am to 2:00 pm.

Saturday - 7:50 am to 11:30 am.

Std. IX and Std. X: The Secondary section also follows NCERT based curriculum. The subjects offered are English, Hindi, Gujarati, Mathematics, Science, Social Science, ICT, P.E. A wide range of co-curricular activities are also conducted such as Visual Arts, Vocal and instrumental Music, Dance, Yoga, Physical health education.

C.B.S.E recommended pattern of evaluation and assessment methodology is followed and students are assessed based on their entire year's performance.

To prepare them to their best potential, class X students appear for 2 preliminary examinations.

Timings: Monday to Friday - 7:50 am to 2:00 pm.

Saturday - 7:50 am to 11:30 am

Std. XI and XII: In Higher Secondary, we offer students courses in Commerce & Science.

Streams Offered:

Group A – Science

Option I: English, Physics, Chemistry, Biology and Mathematics / Computer Science (CS)/ Informatics Practices (IP) / Physical Education (PE).

Option II: English, Physics, Chemistry, Biology and Physical Education / Information Practices (IP).

Group B – Commerce

Option I: English, Business Studies, Accountancy, Economics and Mathematics/ Informatics Practices (IP) / Physical Education (PE) / Computer Science (CS).

C.B.S.E recommended pattern of evaluation and assessment methodology is followed and students are assessed based on their entire year's performance.

To prepare them to their best potential, class XII students appear for 2 preliminary examinations.

Timings: Monday to Friday - 7:50 am to 2:00 pm.

Saturday - 7:50 am to 11:30 am

***“Success is the result of perfection, hard work,
learning from failure, loyalty and persistence.”***

-Colin Powell

Achievements

Academic Results for the Year

Grade X

- *Total No. of learners who appeared for the Grade : 269*
- *The highest scored by a learner : 97.8 %*
- *Average score achieved by a learner : 71.53 %*
- *The highest score secured by a SIS learner in English : 100 marks*
- *The highest score secured by a SIS learner in Mathematics : 98 marks*
- *The highest score secured by a SIS learners in Science : 98 marks*
- *The highest score secured by a SIS learners in Social Studies : 100 marks*
- *The highest score secured by a SIS learner in II Lang. Hindi : 99 marks*
- *The highest score secured by a SIS learner in II Lang. Gujarati : 95 marks*

Grade XII Science

- *Total No. of learners who appeared for the Grade XII – Science Board Exam : 109*
- *The highest scored by a Science learner : 96.4%*
- *Average score achieved by a Science learner : 74.61%*
- *The highest score secured by a SIS learners in Physics : 95 marks*
- *The highest score secured by a SIS learner in Chemistry : 99 marks*
- *The highest score secured by a SIS learners in Biology : 97 marks*
- *The highest score secured by a SIS learner in Mathematics : 99 marks*
- *The highest score secured by a SIS learner in English : 97 marks*
- *The highest score secured by a SIS learner in Physical Education : 100 marks*
- *The highest score secured by a SIS learners in Computer Science : 99 marks*
- *The highest score secured by a SIS learners in Informatics Practices : 96 marks*

Grade XII Commerce

- *Total No. of learners who appeared for the Grade XII – Commerce Board Exam : 83*
- *The highest scored by a Commerce learner : 95.8 %*
- *Average score achieved by a Commerce learner : 68.32 %*
- *The highest score secured by a SIS learner in Economics : 98 marks*
- *The highest score secured by a SIS learner in Business Studies : 100 marks*
- *The highest score secured by a SIS learner in Accountancy : 97 marks*
- *The highest score secured by a SIS learners in Informatics Practices : 100 marks*
- *The highest score secured by a SIS learner in English : 90 marks*
- *The highest score secured by a SIS learner in Physical Education : 99 marks*
- *The highest score secured by a SIS learner in Mathematics : 93 marks*

School Achievements

- ❖ Our policy of "Student first", our commitment to educate and nurture all the students so they may grow towards a responsible citizen, empowering and inspiring all students to excel as lifelong learners has made us stand out miles ahead of other educational institutions in and around Valsad.



It is a moment of pride for the Saraswati family as we are ranked as **number 1 in the Co-Ed Day Schools category for the fourth consecutive year by Education World India School Rankings 2022-23.**

- ❖ Saraswati International School thoroughly believes in “Cleanliness is next to Godliness,” this thought and our efforts are counted and thus we have received the **District Level Award in Swachh Vidyalaya Puraskar 2021-22 in the sub category of Water with four Star rating.**



- ❖ With the aim to strengthen the popular Science movement in the country, with far reaching implications for the development of society, Saraswati International School takes pride in being a member of **Vigyan Prasar Network of Science Clubs (VIPNET's).**



We have been affiliated with VIPNET, (Vigyan Prasar) and we also take pride in being **ranked in the merit list for the year 2021.**

- ❖ A moment of pride for the Saraswati family as **VIPNET** has awarded us with an Appreciation Certificate for the year 2022.

Our team of Science teachers of grade VI-XII have been continuously making efforts to come up with various short and long-term activities and programmes envisaged for the science club which are doable and relevant. This helped our students evolve a holistic approach towards problems through awareness, concern, involvement, and application of the scientific methodology for their resolution. Stimulation of the spirit of curiosity, inquiry, innovation and creativity through activities help our learners to supplement conventional education and make science a very enjoyable and interesting pursuit.



Teacher Achievements

- ❖ In Zilla Kala Mahakumbh organised by the Government of Gujarat our very own music teacher Mr. Sayyam Patel secured First position in a solo singing competition.
- ❖ Mr. Amar Tandel and Mr. Ayush Mittal won the Runners Up Position in Quiz Competition held by Rotary Club of Valsad, Teacher's Talent Search 2022.
- ❖ **ThinkTac Teacher Training (2022-23) - Rotary Gujarat**

Rotary Club of Valsad initiated a three days Online Science Training Program from 8th August - 10th August 22 conducted by Rotary Gujarat. Our two teachers Ms. Krishna Naik & Ms. Uzma Shaikh got the opportunity of attending the training.

Rotary Club has been conducting the Science Teacher's Training Program for the past 7 years. Mr. Vishal Bhatt, an IITian from Bangalore and his team from ThinkTac have been leading the interactive training sessions. An activity kit was also provided from the team to the teachers which brought curiosity of attending the training program.

The three day Program had many simple and fun learning activities using the kit provided. The program was live streamed on Youtube. Also, the demonstrations of various activities can be viewed on ThinkTac's Youtube channel.

The last day was followed by two assignments which helped the teachers to check the understanding of the topics with the help of case studies. The teachers were expected to make short videos of them demonstrating the activities to the students that were explained during the training. Certificates of merits were awarded to the teachers based on the video



Student Achievements

(In National/State/District Level)

❖ Our talented students of Grade XI Science and Grade X D, Ujjwal Rastogi and Harsh Choksi respectively raced their way to the State Level in the Fit India Quiz contest by marking their position amongst 16 schools of Gujarat and emerging as Semi-finalists.



Proud Moment! Secured 3rd Position in Fit India Quiz at State Level

❖ An exuberance moment created by our school's Deputy Head Boy, Yug Rohit of Grade XI-Science for being ranked as the topper in National Level Talent Search Exam (NLTS) organised by JCI (zone 8), Valsad for grades 8-12. Yug Rohit topped the exam in Maths, Science and General Knowledge subjects. Out of more than 7,000 students, he grabbed a cash prize of Rs. 5000 and a winner's trophy.



❖ Under the Har Ghar Tiranga program several competitions were organised by the Government of India and our student Nishi Tamboli from Grade 10 secured Third position in an Essay Competition.



❖ Our students shine at Khel Mahakumbh :

Skating tournament held on 3rd May 2022 at Gyan Dham School Vapi. All the following participants are selected for the state level tournament.

Category: U- 11

- 1) Prisha Patel of Grade V B, First Position in both 500 and 1000 mt. race.
- 2) Swayam Chauhan of Grade IV B, Third Position in the 1000 mt. race.

Category: U- 14

1) Hasan Mukadam of Grade IX A, First position in both 500 and 1000 mt. race.

Category: U- 17

1) Ruchi Bhanushali of Grade X D, First Position in both 500 and 1000 mt. race.

2) Dhanvi Jani of Grade X E, Third position in both 500 and 1000 mt. race.

3) Dhruv Rathod of Grade X C, First position in both 500 and 1000 mt. race.

❖ In Zilla Kala Mahakumbh organised by the Government of Gujarat our students gave incredible performances and secured positions in art, tabla, lokgeet/bhajan, Sugam Sangeet.

1) Drawing Competition - Age Group: 6 to 14 years

Shailly Jatinkumar Patel of Grade VIII F, Second position.

2) Best out of Waste - Age Group: 6 to 14 years

Devangi Shrivastava of Grade VII F, Second Position.

3) Shastriya Sangeet - Age Group: 6 to 14 years First Position.

Krishna Desai of Grade VII C, First Position

Age Group: 15 to 20 years

Sneha Patel of Grade XII B, Second Position

4) Instrumental - Age Group: 15 to 20 years

Jeel Patel of Grade XI B, Third Position

5) Tabla - Age Group: 6 to 14 years

Vansh Patel of Grade VI B, First Position

6) Sugam Sangeet - Age Group: 15 to 20 years

Bhumika Bera of grade IX A, First Position

7) Ghazal/Shayari - Age Group: 15 to 20 years

Prit Bhanushali - XII D, First Position

8) Group Singing Competition - Age Group: 15 to 20 Years

First Position: - Bhumika Bera IX A, Vrishti Rana IX E, Prisha

Kansara IX E, Saniya Saiyed X C, Priyanka Thakor X E, Aastha

Pokar XI C, Kruti Sitapara XI E, Sneha Patel XII B, Vansh Patel VI

B, Jeel Patel XI B.

❖ In a Music and Dance competition held by 'Udaan', in the age group 9 to 15 years, our school's students by striking the right chords and hitting the right notes mesmerised the audience with their melodies.

1) Hasti Kardani of Grade IV D, First Position in the Singing event.

2) Amogh Thakur of Grade VII A, First Position in the Singing event.

- 3) Vansh Patel of Grade VI B, Second Position in the Instrumental event.
 - 4) Moksh Solanki of Grade III C, First Position in Indian Solo Dance Competition.
- ❖ Dhruv Patel from Grade VIII D has acquired two gold medals in a competition held in Kolkata organised by 'Wako India Children Cadets and Junior National Kickboxing Championship' at Kolkata. Anshi Gamit of Grade IV D won a silver medal in 'Point Fight' and a bronze medal in 'Light Contact' events and Preet Patel from Grade X F pulled herself up to Qualifying rounds by winning two matches.

- ❖ Rudra Patel of Grade X F got his name recorded in the 'Guinness Book of World Record'. Rudra had given his entry for full contact knee strikes wearing 5 kg ankle weights using alternate legs. In three minutes he stroked 192 times and left his opponent behind who had recorded 178 strikes in three minutes. The authorities scrutinized his act and after examining all the parameters conferred Rudra Patel as the 'Title Holder' of Guinness Book of World Record.



- ❖ Our School Cricket Team Qualified Two Rounds of Feroz Cup Under 19, organised by Bulsar District Cricket Association (BDCA) as the Winner team and could make their way till the semi-finals.



- ❖ A proud moment for our school indeed as our School Science Project got shortlisted for CBSE Regional Science Exhibition, 2022-2023, for the Junior and Senior Level Categories, the topics being Eco Friendly Irrigation-Solar Drip Irrigation and Fundamental Understanding of E-waste respectively.



❖ Our two students participated in the Malaysia Skating Event Dhruv Rathod of Grade X C (age group under-16) secured Fourth Position in the 10k elimination race and Megh Patel of Grade VII D (age group under-12) secured Fourth position in the 2k race. Dhruv Rathod, with his impeccable performance got selected for 'EUROPEAN CHAMPIONSHIP 2023'.

❖ Our talented students participated in Vikram Sarabhai Space Exhibition organised by Space Applications Centre, ISRO, Ahmedabad at Navsarjan Kelavani Mandal, Atar. Our student, Swapnil Singh of Grade IX A participated in an Elocution Competition topic for which was 'Antriksh Mein Bharat ka Yogdan' grabbed the second position. Also, a team of three students with their model



on 'Wind Tunnel' based on Aerodynamics participated in the Science Exhibition. The boys delivered the concept of their project very effectively highlighting all the scientific technicalities behind the model.

Strength of the Students

Grade	Female	Male	Total
I	135	151	286
II	134	142	276
III	153	157	310
IV	125	159	284
V	99	151	250
VI	106	145	251
VII	130	140	270
VIII	111	135	246
IX	113	132	245
X	99	125	224
XI - SCI	59	67	126
XI - COM	45	51	96
XII - SCI	46	61	107
XII - Com	38	50	88
Total Strength in School	1393	1666	3059

Co-curricular Activities Conducted Interschool

- Our students, with their skill, talent and perseverance secured various ranks in the Competitions organised by Gnyan Dham School, Vapi:

- ❖ The students of Grade XII Commerce secured the First Position in 'Pitch Deck' Round, Start-up Idea Competition.
The winners are: - Avi Shah XII-E, Mokshaa Solanki XII-D, Yashvi Shah XII-D Prit Bhanushali, XII-D Snehi Desai XII-E



- ❖ Showing their best artistic skills, our students topped in the painting competition. Shreeya Tandel of Grade VIII B, Second Position and Zahraa Soneji of Grade VII F, First Position.
- ❖ Conquering the first position once again, Pal Tandel of Grade XII Science won the Book Buff competition.
- In a National level open Karate championship held at Bai Avabai High School, Valsad our school was awarded with the 'Best School' trophy. Also, in various categories our kids grabbed 4 silver medals and 5 bronze medals amongst 27 teams of India.



Intraschool

Monthly competitions and activities for grades I-IX and XI were conducted which helps in the overall development of our learners.

With the commencement of the new academic year, investiture ceremony was conducted in the month of August in the school. Donning the mantle of accountability, the newly elected council members pledged to bestow their duties to the best of their abilities.



Miss Drishti Singh and Master Harsh Choksi were selected as the head girl and the head boy respectively, for the year 2022-2023. House Captains, Sports Captains, Discipline Heads, Cultural Heads, Literary Heads accounted for the Council members.

Co-curricular activities improve the learning experiences of students, help them identify and develop their inner talents like creative & public-speaking skills, leadership qualities, etc. Co-curricular activities offer them an opportunity of thinking unusually and getting the innovative ideas of their own.

- ❖ Throughout the year many competitions were conducted which included It's My Talent, Start Up Super Star, Paper Folding with Scenery, Best out of Waste, Patriotic Song Competition, Story Writing, Quiz Competition, Mural Art, Ad-Mad, Drawing Competition which ignited a spirit of healthy competition amongst the students.

New Initiatives

***“Tell me and I forget.
Teach me and I may remember.
Involve me and I learn.”
-Benjamin Franklin***

Continuing to strengthen the classroom learning as well as to develop the personality of the child and harness the in-depth potential of students, the following new initiatives were pridefully set up at Saraswati International School.

- ❖ The talents and skills of our students were showcased through the festival for promoting the love for literature, ‘The English Literature Fest’.

Various competitions are conducted in the fest like Open Board Talk (Debate), On the Spot Story Writing, Skit/Drama, Extempore, Story Telling, Elocution and Poetry Recitation with my Mentor Buddy (Buddy Program). Students are encouraged to participate in the events which helps build-up their confidence in English speaking and also motivates them in learning the language.



- ❖ With the aim of enabling students to learn through a mentor, Buddy Program was conducted for our learners of younger grades. This program not only developed the speaking skills of our students but also helped them to learn under the guidance of our mentors, none other than our students of higher grades.



❖ **Bonding with Nature -**

Each class nurtures two plants which strengthens the bond between them and nature.

Tree Census: Students conducted a tree census in the school and

documented numbers and location with their common names and scientific names of 324 trees in the school campus.



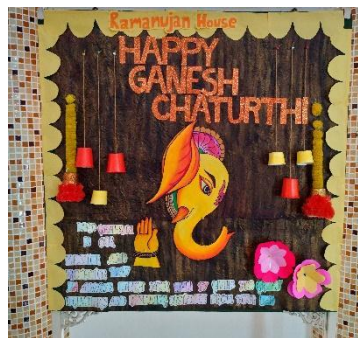
❖ With a list of interesting activities planned for our learners, 'Rise and Shine with Morning Assembly' is included as an eventual part of the school schedule. Students enlighten the morning with some interesting and informative topics

like Panchatantra, Seven Sister States, Hobbies that Pay, Modernization and Development, Unity in Diversity and many more. To light up the feeling of gratitude among our students and a platform to express them, Thank You Tuesdays and Thank You Thursdays are also included in the morning assembly.



❖ Display boards of various houses are decorated as per the sections with fascinating, factual and colourful charts and displays. The students showcased the boards with topics like Environment, Make Peace Not War, Fuel

Vehicle to EV, Professions, Festivals and many more. After every display, the first position holder was announced in the morning assembly.



Many events and important days were celebrated to kindle the spirit of togetherness and encourage students to showcase their talents.

- The year started with Earth Day Celebrations on 22nd April. Through a myriad of activities, the students were made to understand their responsibility towards nurturing the environment.



- To mark the birthday and date of death of famed writer William Shakespeare, English Language Day was celebrated on 23rd April. To celebrate multilingualism and cultural diversity by exploring the language. This day was celebrated by assigning exciting activities to our learners.



- Mother's Day was celebrated in the last week of April where our learners made adorable gifts and showered infinite love which definitely brought smiles to the walking miracles of our life.



- 5th June marks World Environment Day. The school took the initiative to create awareness on the need to protect and conserve our planet. Planters were made from waste plastic bottles which were decorated beautifully under the 'Planters to Nurture Plants' activity by our school teachers.



- Father's Day was celebrated in the third week of June with great excitement by the learners where they made beautiful cards, trophies and medals for their fathers.

- Yoga week was celebrated from 13th to 21st June, 2022 to induce good habits in our children. Practicing yoga on a daily basis improves attention and memory and alleviates stress, bringing together physical and mental disciplines to achieve a peaceful body and mind.



Two of our former students, Mr. Jash Panchal and Mr. Aman Bindra hosted the event and helped our learners connect with yoga with ease.

- Marking the Azadi ka Amrit Mahotsav, Independence Day was celebrated with zeal and enthusiasm. The flag hoisting ceremony followed by singing of the National Anthem followed by speeches, poems, and patriotic songs which charged up the atmosphere with the spirit of independence.



- To mark the Swachhta Pakhwada in the month of September, our students expressed their responsibilities in the form of posters and poems to keep the country clean and they very well understand their role - they know that the key to a greener planet is in their hands.
- To celebrate the victory of 'Good over Evil', Navratri and Dussehra celebrations were done in the school with great exhilaration where the students dressed up in colourful attires and danced on the tunes of dandiya and garba songs.
- Children's Day Celebration on 14th November happened to be the most memorable day for our students as the Principal and the teachers gave an unexpected pleasant surprise to the students by presenting a fun filled entertaining program. To see their beloved teachers act, sing and dance

brought a smile and happiness to our kids which is the most inevitable thing in the world.

- Several activities such as decorating Christmas trees, making Christmas Cards, music and dance programmes were organized for the students on the occasion of Christmas. The essence of Christmas came alive when Santa Claus himself danced to the exciting tunes. Carols were sung by our teachers to mark this day.



- Republic Day was celebrated with great passion. The celebration began with the flag hoisting followed by melodious songs by our choir group and motivating speeches in English and Hindi languages. The individual winners of the Sports Fiesta, 2022-23 were felicitated with certificates and medals. March Past by the houses and their respective council members ignited the feeling of patriotism in the hearts of everyone. Various events like breath-taking yoga poses, artistic gymnastics, powerful lezim dance on the tunes of Nashik Dhol symbolising girl power, beautifully coordinated fan drill, group dance, breath-taking pyramid formations and the patriotic dance made the day a memorable one. Also, to lighten the mood, races were conducted for the parents and the teachers. One of our alumnus **Mr. Nevil Chauhan**, presently pursuing his B. Tech at IIT Kharagpur was also felicitated during the event. The main highlight of the day was the Prize distribution of the Best House in sports, Best House in CCA and Best House in March Past.



- Our School has installed blue and green coloured bins at various places in the school premises and in the school building. To make our students realise its importance, a Nukkad Natak was performed by our students of grade IX as a part of the morning assembly. The Natak raised some alarming issues like the ill effects and the diseases caused due to the improper disposal of wastes, and the harmful effects of plastic. The students through the Natak also listed the types of wastes that should be disposed of in the different coloured bins.



Events conducted throughout the year

Creativity is intelligence having fun!!!

- Albert Einstein

- ❖ Shraavan Mahotsav, 2022-23, 'Tarang - A Celebration of Festivals' wherein all the festivals falling in the month of August were celebrated with great avidness and devotion. India is the land of festivals. The festival gives you a rainbow for the storm, a smile for every tear, a promise for every care, and an answer to every prayer. Happiness flows in with each festival and it keeps us connected to our traditions and rituals. To enhance the cultural know-how of the children, to give them knowledge about our epics, our social customs, Shraavan Mahotsav played a vital role. Parents graced the occasion and enjoyed the season of festival with our kids.

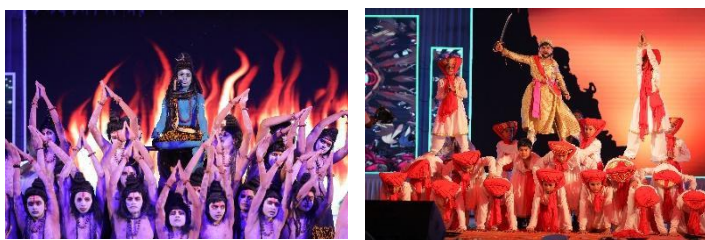


- ❖ Annual School Exhibition, 2022- 23, 'Skillora - Celebrate the Power of Learning' was conducted by Saraswati International School which proved to be a great learning experience for the students as well as the visitors. Children also presented a Motivational Song, a Nukkad Natak and a Mime on spreading awareness on various alarming topics concerning the Environment. 100% participation of the students was ensured by each teacher to enrich the young minds with 'Learning Beyond Textbooks' which gave them a leap from macro to micro learning. Topics selected for the exhibition were as per the age group of the children which included themes like Plants and Animals, Agriculture (ancient to primitive), Renewable Sources of Energy, Science and Inventions, Waste

Management, Physiology of Human Body, Environmental Concerns and Evolution of Commerce and its Journey.



- ❖ ‘Saraswati Mahotsav-Khushiyon ki Leher’, 2022-23, an occasion of celebration, felicitation, feast and festivity when students not only presented wonderful performances but also received honours for their curricular and co-curricular achievements.



The two-day celebration showcased some of the finest performances by our students of SKG to Grade XII. It gave an opportunity for experiencing teamwork amongst our peers and being proud of what the school’s ideology is and what it stands for.

- ❖ Saraswati International School always believes that sports should be a major part of the school curriculum because if students stay emotionally and physically healthy, they can easily focus on their studies. With this aim, ‘Sports Fiesta 2022-2023’ was conducted and students actively participated in various sports events planned grade wise to increase confidence, mental alertness, and self-esteem. The fifteen-day fiesta comprised events filled with fervour and excitement experienced amidst thrills, shrills and cheers. Various group and individual sports events like back to school, dodgeball, kabaddi, kho-kho were a part of the fiesta. The two alluring events were the cricket matches which were played between the girl students of Grade XI and female staff and boy students of Grade XI and the male staff. The winners were awarded with certificates and trophies.

❖ Throughout the year the students of Grade VI - XII actively participated in the VIPNET program and every month conducted enlightening and engrossing Science activities. Some of the topics (to name a few), like Composting, celebrating Paper Bag Day, Biofuels, World Nutrition Week which helped our students to acquire knowledge on these topics. The students as per their Grades conducted the activities.

❖ The Awakened Citizen Programme (ACP) classes are conducted weekly for the students of Grades VI and VII. Through the programme our students think about, discuss and discover the consequences of various choices one makes in life.



It also enables the children to develop faith in themselves, discover values and make responsible choices. The purpose of this programme is to ignite strength and potential inherent in every child.

Training Sessions/ Programmes Conducted within the School

Throughout the year our students and teachers participated in various workshops to improve their skills on learning, communicating, listening level. On the basis of the student's individual interest, knowledge can be gained in different areas through our workshops that will eventually add immense value for students for their future. We at Saraswati International School, guide and motivate our students and teachers to participate in various external workshops to expertise them into their field of interest. Apart from preparing the children to qualify for purely academic demands, special efforts are being made continuously to enable them to face the challenges of the competitive world.



- ❖ 'Healthy Lifestyle', a workshop was conducted by Ms. Palak Ravesia from Ayaksha Healthcare, Mumbai on 22nd June, 2022 to make our young learners of Grade III understand the importance of a healthy lifestyle which includes Self Discipline, Punctuality, Good Habits and a Proper diet. Through various fun learning activities, Ms. Palak beautifully engrossed our students to be a part of the interactive session.



- ❖ To ensure a safe learning environment for our children, a workshop on 'Disaster Management and First Aid' was organized for the teachers and the ground staff of the school. The resource person Mr. Madan Bhandodkar with his extensive knowledge on the subject highlighted situations which seemed to be quite normal but could lead to a hazard because of negligence or lack of awareness and he discussed how

to act promptly in such situations without panicking. Training was very important for the staff as it is our duty to provide security to our children.

- ❖ Saraswati International School on behalf of Sanskriti Sahodaya hosted a Science Workshop with invitees from



15 CBSE schools across Valsad and Vapi. Workshop opened up new horizons for the visiting faculty as many innovative activities were introduced for some of the topics of Science which otherwise proves to be baffling for the students. Visiting faculties highly appreciated the customized fun learning activities. This was the best collaboration as it created a great opportunity for the educators to exchange the teaching techniques.

- ❖ A workshop on 'Zero Waste Plastic' was conducted for our young learners of Grades I and II in the first week of September. Segregation of wet waste and dry waste and how to avoid use of plastic was demonstrated as a play way method which made it easy for kids to understand the core concept of the workshop.



- ❖ A workshop was organised for the students of Grade XII on 7th September 2022 on Realizing and Awakening the Infinite Potential that lies within each one of us. The Workshop was conducted by Motivational speaker Mrs. Dipti Shah and Mr. Amish Shah. The session was all about Realizing and Awakening the Infinite Potential that lies within each one of us and the breathing techniques and the power of meditation.



- ❖ The Community Medicine Department (GMERS, VALSAD) conducted seminars on Health and Hygiene for our Grade VII and VIII students and on Puberty for Grade V and VI students on 12th September 2022. The students were explained in detail about the hygiene measures and the health care needed at their age and prepared the preteens for changes that come with

puberty which will help them know what to expect and worry less. It was conducted separately for the girls and boys. The seminar concluded with an interactive session wherein the students were allowed to ask questions related to the Health and Hygiene and Puberty.

- ❖ To inspire our students of Grade XII, to chase their dreams and to conquer them, a seminar was conducted by Mr. Deepesh Shah, a Career Counsellor, Motivational Speaker and also an honourable member of the Rotary Club on 28th November. He encouraged our students to never give up on their dreams and continue to work persistently to make them come true.
- ❖ As part of World Diabetes Day, an awareness programme was organised for our Higher Secondary students. Dr. Devang Desai was invited to deliver a session on raising awareness as to Diabetes, a life-long condition that can seriously reduce quality of life and how to prevent it.
- ❖ A session on Financial Literacy was organised 22nd December 2022 for the teachers. The session was conducted by CBSE Resource Person Mr. Milan Patel. Teachers were updated not only with how to use various digital tools consciously but also how to secure the future by investing wisely in the present.
- ❖ A motivational session on “How to Invest for the Future” was organised with the team of Divya Bhaskar for the students of Grade VIII to XI on 29th December 2022. Students were briefed about how to think out of the box rather than having only academic knowledge. The speaker emphasized more on sparing some time for exploring the world and its requirements apart from academics.
- ❖ To make our students aware about the alarming topic of pollution and the proper ways to manage the waste a seminar on Waste Management was organised on 30th January, 2023 for Grade IX and XI. The seminar was conducted under the guidance of Mr. Chirag Patel, the Chairperson of ‘I Dream About Foundation (IDA Foundation)’ one of the leading NGOs of Vapi city and Valsad district. The seminar thus helped in empowering our students with the proper waste management methods which can thus result in the availability of valuable materials to reuse.
- ❖ Capacity Building Program on NEP 2020 was conducted by CBSE master trainers Mr. Rajiv Srivastav and Mr. Dharmesh Vyas on 17th February 2023 for the teachers. The program elaborated on the principles of NEP 2020. The objectives and the implementation of NEP 2020 was also discussed broadly in the program.

Our Esteemed Partners

- **The Sports Gurukul (TSG)-** To create awareness for sports and fitness as an important part of moral and physical education, Saraswati International School has tied up with '**The Sports Gurukul**' which is the first of its kind physical education, professional sports & fitness development and training organisation.

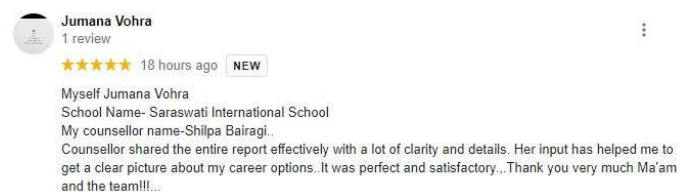


- **Ayaksha** -To instill the value of health into children's lives and to prevent future health risks and also to provide our students with primary care and medical assessments at our school-based wellness clinics, the school has tied up with Ayaksha Healthcare Private Limited to provide a healthy and supportive space for students' health needs.



Yearly general medical check-ups of each student from grades I-XII are conducted and the records are maintained in a meticulous way.

- **Univariety-** With a focus on an innovative, student-centered approach to learning, we believe the best education takes place both inside and outside of the classroom. Therefore, the school has taken the initiative to launch a technology-backed Comprehensive Career Guidance System powered by Univariety. It is aimed to bring the much-needed clarity our students need as they go on to make decisions about their careers, courses, and colleges.



Our vision is to nurture future-ready global citizens through academic, physical, psychological and social well-being. We hope our students make the best of this opportunity and make informed decisions about their careers.

SIS for Society

***Help someone, not for the reward,
But for the sake of changing a life!!!***

Saraswati International School has a vision to uplift the lives of the needy with humanity and service to cater to the needs of unfortunate elders and orphanages.

- ❖ Our school organized a project, 'Parmarth Abhiyaan', to visit such senior citizens' homes at Manav Seva Trust, Valsad. Students presented a few songs and served them with lunch. Elders were thrilled and participated in and had a lot of fun.
- ❖ Under the initiative of our Parmarth Abhiyaan, a Toy Donation Bank was developed in both our School Buildings, wherein all the students donated their used toys but in good condition along with their handcrafts in a neatly packed bag. This brought a smile on the faces of Children residing in Children's Home, Dharasana. The kids at the orphanage were overwhelmed to play with the toys.



New Infrastructure Added

Sun, being a steady and a renewable form of energy source for our planet Earth and to make its use in the correct way, Saraswati International School has installed Solar Panels to convert solar energy into electricity. No emissions of greenhouse gas into the atmosphere with the use of solar panels and also provides clean energy.

